

# Take **One Hour** Now, Save A Life Later

## BYSTANDER CPR TRAINING



**Saturday, January 23, 2016**

**10:00 a.m. to 12 Noon**

**Great Barrington Fire Station • 37 State Road**

The McCormick Family, in partnership with the Great Barrington Fire Department and Southern Berkshire Ambulance, is hosting a Bystander CPR class. Recent studies have shown the missing link in the chain of survival for a person in cardiac arrest is immediate, bystander, compressions only, CPR. The patient must be kept alive until medical personnel arrive. "I am alive today because trained people were on the scene and willing to start CPR when I collapsed," said Deputy McCormick. "I want to raise awareness so that others can have the same good fortune."

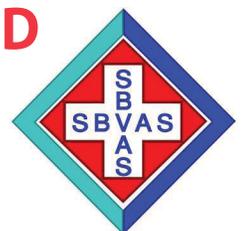
"In my 13 years in the fire service I have rarely seen CPR started prior to police, fire, or EMS arrival," said Chief Burger. "That is a tragedy. A person's hope of survival has almost ended by then."

"I think part of the hesitation on the part of the public is a fear of mouth to mouth resuscitation," said Bill Hathaway, Southern Berkshire Ambulance's Director of Operations. "However, that is not needed. Quality chest compressions are all that is required of bystanders until EMS arrives on the scene. With just a few minutes of your time you can learn to save a life!"



**OPEN TO ALL • NO REGISTRATION REQUIRED**

Sponsored by The McCormick Family  
*in partnership with*



the Great Barrington Fire Department & Southern Berkshire Volunteer Ambulance Squad